



# St John Scotland

Saving lives together

<b>Volunteer Role</b>	St John Scotland CPR Champion
<b>Where (Location)</b>	Various locations across your local area
<b>Time commitment</b>	Flexible, you are able to pick the sessions you would like to attend from the programme of CPR sessions
<b>Volunteer Role description</b>	<p>As a CPR Champion you will support St John Scotland as part of their partnership with Save a Life for Scotland.</p> <p>You will get the opportunity to attend various events within your local area with other St John Scotland CPR Champions and CPR Leads ensuring that participants are equipped to undertake potentially lifesaving bystander CPR according to current policies, regulations and protocol. You will also be trained on demonstrating defibrillator usage to participants.</p>
<b>Main tasks</b>	<ul style="list-style-type: none"><li>· Deliver Bystander CPR training to various people at different events within your local area</li><li>· Defibrillator Demonstration (training is provided)</li></ul>
<b>Required skills and experience</b>	<ul style="list-style-type: none"><li>· Outgoing and welcoming personality, willing to interact with a great variety of individuals</li><li>· Ability to organise own transport to the locations of the different events</li><li>· Be able to commit for a period of at least 6 months</li><li>· Knowledge of current CPR guidance desirable</li></ul>
<b>Training &amp; support available</b>	<ul style="list-style-type: none"><li>· You will be provided with the necessary training to deliver Bystander CPR training. This will be conducted by attending a 'CPR Champion Awareness' event organised by St John Scotland.</li><li>· Ongoing support is offered by the CPR Lead and the St John Scotland Volunteer Development Officer</li><li>· Other volunteer training opportunities are offered as part of your role</li></ul>
<b>Benefits</b>	<ul style="list-style-type: none"><li>· Reasonable volunteer travel expenses are covered</li></ul>

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