



St John
Scotland

Saving lives together

CPR Lead (Volunteer)

Help lead lifesaving activity in your community

Are you passionate about helping others and making a real difference? We are looking for committed volunteers to take on the role of CPR Lead, supporting the delivery and coordination of CPR and defibrillator awareness across your local area.

This is a rewarding opportunity to lead community engagement, support fellow volunteers and help build confidence in lifesaving skills.

We're looking for:

- Friendly and approachable people
- Comfortable speaking to small groups
- Passionate about helping others
- Able to travel locally

What you'll do:

- Lead and coordinate bystander CPR and defibrillator awareness sessions within your area
- Support and motivate CPR Champions to deliver high-quality sessions
- Respond to enquiries and requests for awareness sessions
- Build relationships with local communities, groups, and organisations
- Help increase public awareness and confidence in lifesaving techniques

What you'll get:

- Full training – no experience needed
- Flexible volunteering to suit you
- Ongoing support from a friendly team
- Reimbursement of expenses
- Confidence, skills and the chance to save lives

Why it matters

Every minute counts in a cardiac arrest. With your help, more people will have the confidence to step in and save a life.

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No medical background needed - just enthusiasm, reliability, and a willingness to help.

Get involved today and help save lives in your community.

Volunteer role description	
Role title	CPR Lead
Responsible to	Area Chair/Area Committee
Location	Within the geographical area of your local St John Scotland Area
Time commitment	<p>This is a flexible volunteer role with no fixed hours.</p> <p>CPR Leads support the delivery of awareness sessions across a range of days and times (including mornings, afternoons, and evenings) as part of the Area CPR Team.</p> <p>While volunteering can be arranged around personal and professional commitments, volunteers are encouraged to support several sessions each year to maintain confidence and competence in the role.</p> <p>We would like volunteers in this role to agree to commit to a minimum of 12 months</p>
Purpose	To increase community confidence and capability in delivering bystander CPR and using Public Access Defibrillators (PADs), supporting St John Scotland's lifesaving mission.
Responsibilities	<ul style="list-style-type: none">• Respond to enquiries about CPR awareness sessions, including those linked to PAD applications• Plan, coordinate, and deliver CPR and defibrillator awareness sessions in line with St John Scotland guidelines• Support, mentor, and coordinate CPR Champions within your area• Engage with community groups and local organisations• Work collaboratively with the wider volunteer network• Ensure CPR manikins, AED trainers, and other equipment are available, functional, and well maintained <p>Maintain adequate supplies of promotional materials for events</p>



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Role boundaries	This role does not include operational or clinical responsibility beyond the delivery of approved CPR and defibrillator awareness sessions.
Skills & requirements	<ul style="list-style-type: none">• Acts as a positive ambassador for St John Scotland, always maintaining professional and respectful conduct• Confident in speaking to groups and engaging with a range of audiences• Strong communication skills (email, phone, and in person)• Ability to demonstrate CPR techniques (including kneeling and performing chest compressions), with reasonable adjustments considered where appropriate• Positive, reliable, and proactive approach• Ability to travel locally to attend events and sessions
Training & support	<ul style="list-style-type: none">• Full induction and role-specific training• Ongoing support from SJS staff.
Standards & compliance	<ul style="list-style-type: none">• PVG (Protecting Vulnerable Groups) membership is required and will be processed as part of induction• Compliance with all St John Scotland policies and procedures
What you'll gain	<ul style="list-style-type: none">• Build confidence in public speaking and community engagement• Make a direct contribution to lifesaving outcomes in your community• Be eligible for recognition within the Order of St John (subject to criteria)